

RRP 138 — Check-In / They're All Miracles, and a Lot of Gratitude

Presenters: Julie L & Peter D

Episode length: approximately 37 minutes

Release date: Friday, October 30, 2026

Julie and Peter check in as the holidays close in. They look back on a year of guests, the GTD 5K where the RRP canopy and sign made their public debut, and Dina Valdez's speech at Transcending Hope. Peter shares a camping trip to Devil's Lake, and they point listeners to the places that stay open for people in recovery over the holidays. Then they talk about the support behind this year and Julie's wish for the podcast's first fundraiser.

Key Points

- **00:00 Welcome to the check-in:** Julie and Peter talk about the year flying by, the harvest party, and the Freedom Awards the night before.
- **03:00 A year of guests:** Julie looks back on Sonny, Cade, Cassandra, Brad, and Walter Bailey, including her first sports guest.
- **05:00 The GTD 5K:** The RRP canopy and sign appear at a public event for the first time, and friends and family show up.
- **06:00 Bonding in recovery:** Peter describes how groups going through the program together at Another Chance become like brothers and sisters.
- **08:00 Transcending Hope:** Julie calls Dina Valdez's speech the best she has heard, and Peter says the community should spotlight more groups.
- **09:00 A building rappel for a cause:** Julie gives a shout-out to a group that rappelled down a building and raised more than \$100,000.
- **12:00 The Freedom Awards and Basic Rights Oregon:** Julie remembers watching Izzy receive the award, and shares what she learned at the Basic Rights Oregon event.
- **13:00 Camping at Devil's Lake:** Peter and Justin spend four nights near Lincoln City, with chowder at Mo's and a drive on the beach.

- **16:00 GTD in the wild:** Peter and Julie trade stories of spotting GTD shirts around town.
- **19:00 Top 20 and a call for votes:** Austin from Sobriety Talks helped put the podcast in the top 20 recovery podcasts, and Peter asks for votes.
- **20:00 Supporting RRP for free:** Fred Meyer Community Rewards and the More Ways to Donate tab on the website.
- **21:00 Places that stay open for the holidays:** True Colors, the Alano Club, Another Chance, and a call for AA hotline volunteers.
- **24:00 Support and gratitude:** Peter explains how new supporters let the podcast cover costs he had been paying himself.
- **25:00 Julie's highlight of the year:** Cassandra's episode brought Julie even closer to her daughter.
- **29:00 The wish list:** Julie's wish for the first RRP fundraiser, plus a call for more helping hands.
- **32:00 Dark Fridays for the holidays:** No new episodes on Thanksgiving, Christmas, and New Year's, so the hosts can be with family.
- **35:00 Thank you, Justin:** Peter and Julie thank Justin and each other.

"They're all valuable, they're all miracles."

— Julie L

Websites Discussed

- [Go the Distance \(GTD\)](#)
- [Transcending Hope Recovery Homes](#)
- [Basic Rights Oregon](#)
- [Fora Health \(Freedom Awards\)](#)
- [Lunch Bunch / Extended Family AA Online](#)
- [True Colors Recovery](#)
- [Another Chance](#)
- [Alano Club of Portland](#)
- [East County Alano Club](#)
- [Portland Area Intergroup of Alcoholics Anonymous](#)

- [Fred Meyer Community Rewards](#)
- [Real Recovery Podcast](#)

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