

## **RRP Episode 96 – Community, Commitment, and Carrying Recovery Into the New Year**

**Presenters:** Julie and Peter

**Release Date:** 1/9/26

**Length:** 1 hour, 27 minutes

### **Episode Overview**

This New Year's special episode features a reflective conversation with Julie, Peter, and Collette, followed by inspirational short interview clips recorded live at the **GTD – Go the Distance fundraiser at City Liquidators**. The episode centers on gratitude, community, and the shared responsibility of supporting recovery as a new year begins. Through candid reflection and live voices from the event, listeners hear how connection, service, and showing up for one another continue to shape recovery journeys.

### **Key Points (with Time Codes)**

- **[00:01:21 – 00:02:25]** Julie, Peter, and Collette introduce the New Year's episode and explain the decision to include live audio from the GTD fundraiser.
- **[00:02:25 – 00:03:10]** Reflection on gratitude, community, and starting the year grounded in recovery values.
- **[00:39:53 – 00:42:17]** Discussion about stories heard at the GTD event and the impact of community support, including reflections on individuals connected to GTD and City Liquidators.
- **[00:42:23 – 00:44:01]** Julie, Peter, and Collette share intentions and hopes for the year ahead, both personally and for the podcast.
- **[00:53:11 – 00:54:01]** Transition to live coverage at City Liquidators during the GTD fundraiser.
- **[00:54:01 – 00:56:30]** Izzy Alvarado shares what he is grateful for, including GTD's growth, community sponsors, and recovery.
- **[00:58:01 – 00:59:02]** Reflections on gratitude for GTD leadership, supporters, and the ongoing recovery community.
- **[00:59:08 – 01:01:00]** Conversation with Pam, owner of City Liquidators, on why recovery is important to her and why she supports the recovery community.
- **[01:15:35 – 01:17:33]** Additional live moments from the fundraiser highlighting community partnerships, sponsorship, and continued support for GTD.

## Featured Organization

- **GTD – Go the Distance**  
<https://gtdgothedistance.org>

## Links

- **Listen to the Episode:** <https://mdcr1.com/96>
- **Blog Post:** <https://mdcr1.com/96b>
- **Real Recovery Podcast:** <https://www.realrecoverypodcast.com>

## Hashtags & Mentions

#RealRecoveryPodcast, #GTDGoTheDistance, #RecoveryCommunity, #NewYearRecovery,  
#CommunitySupport, #RecoveryJourney  
@GTDGoTheDistance